

Along with your 3D attendance certificate, this breakdown provides all you need to use 3D's training as part of **portfolio submission** to ICF for accreditation/reaccreditation. Please keep it safe. You will need to upload it when you apply for your credential.

Breakdown :

Course Title: Action Learning Set Facilitation from 2023
Time: 10 hours

Mode: Live and recorded content

Trainer Su Blanch PCC

Breakdown:

Def. of Coaching	Core Competencies									Resource Devt
	1	2	3	4	5	6	7	8		
	Ethical Practice	Embodies a Coaching Mindset	Establishes and Maintains Agreements	Cultivates Trust and Safety	Maintains Presence	Listens Actively	Evokes Awareness	Facilitates Client Growth	Inc Practice Hours	
	1.75	1.25	1.25	1.75	1.25	.75	1.25	.75	6	

Content Includes:

- Action Learning Set Facilitator Training is 10 hours training designed to give people a solid foundation.

Core Learning:

Session	Content	Competencies
Arriving	Contracting for the course <ul style="list-style-type: none"> • Where are we going? • Who is here? 	3: Establishes and Maintains Agreements 3.1. / 3.6. / 3.7. 4. Cultivates Trust and Safety 4.1. / 4.6
The Coaching Container	The coaching container <ul style="list-style-type: none"> • Good beginning • Good middle • Good end • Good dynamic 	All

Great Beginnings - Contract and Rightsizing	How do we create the coaching container? STOKRS	All & 3. Establishes and Maintains Agreements 3.6/3.7/3.9
Practice	Practice	All
Challenge + Practice	High challenge/ high support	All especially 4. Cultivates Trust and Safety 4.3 / 4.6 5. Maintains Presence 5.5 7. Evokes Awareness 7.2 / 7.4
Ending well	Checking in Ending in partnership Designing actions	3. Establishes and Maintains Agreements 3.9 / 3.10 / 3.11 6. Listens Actively 6.4 7. Evokes Awareness 7.4 / 7.5 / 7.6 / 7.9 / 7.11 8. Facilitates Client Growth 8.1 / 8.2 / 8.3 / 8.4 / 8.5 / 8.8
Psychological Safety video	Definition of psychological safety Applying to Action Learning Sets Impact of privilege	1.Demonstrates Ethical Practice; 3 Establishes and Maintains Agreements 3.2/ 3.3; 4 Cultivates Trust and Safety; Maintains Presence 5.3
Ethics video	Why ethics are important Working ICF competency "Demonstrates ethical practice"	1.Demonstrates Ethical Practice
Working in organisations video	Having conversations with the organisation in service of systemic learning Using conversations container to build a strong foundation	1.Demonstrates Ethical Practice; 3 Establishes and Maintains Agreements; 4 Cultivates Trust and Safety