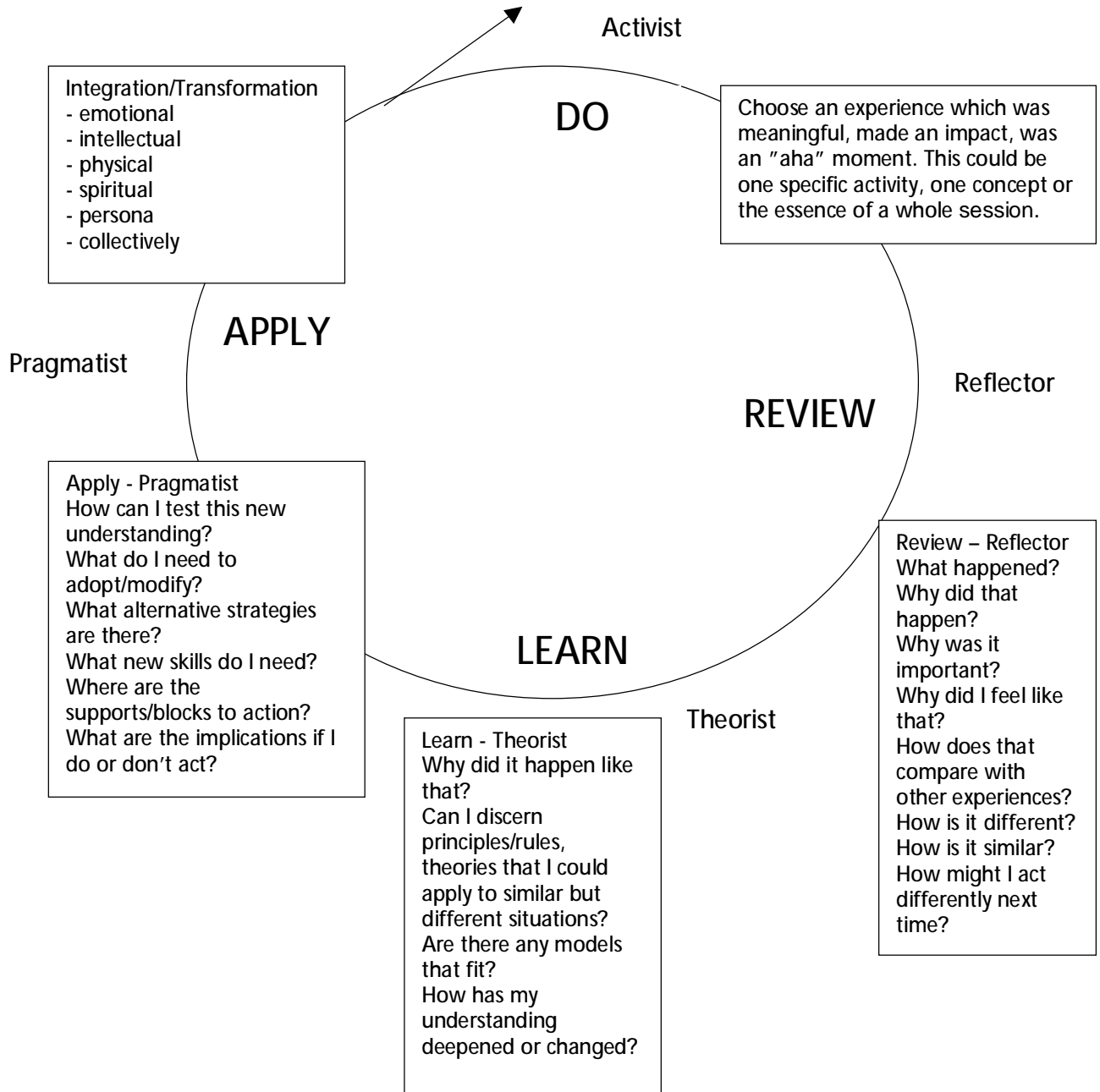


## Action Reflection Learning Cycle



THE LIFE-LONG SPIRALS OF LEARNING: ACTION/REFLECTION LEARNING MODEL  
Based on Kolb and Solberg and experiences in the CCS Core Learning Groups

For more information contact [diane@3dcoaching.com](mailto:diane@3dcoaching.com)